

## Building a Healthier Gwent

Is the 10 year public health strategic plan to improve the health and wellbeing of the population of Gwent, to do this:

**WE NEED YOU and your ideas about how we can do this together!**

Special community engagement events have been organised for:

- **Older People:** 7<sup>th</sup> August
- **Carers:** 8<sup>th</sup> August
- **Veterans:** 13<sup>th</sup> August
- **Adults with Physical Disabilities and/or Sensory Impairment:** 14<sup>th</sup> August
- **Adults with Learning Disabilities:** 15<sup>th</sup> August

Congress Theatre, Cwmbran

(hearing loops and disability access)

Events: 10.30 - 2.30

Teas and Coffees served from 10 AM. Buffet Lunch Provided

Please contact Julia Osmond Principal Public Health Practitioner if you would like to know more about this work or would like to attend one of the above Engagement Events.

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